

DuBois Integrity Academy

Silent Lunch Reflection Policy

FY 2023

Silent lunch Reflection- Assigned period of time for students displaying disruptive behavior to reflect upon their actions and to think of best practices to promote positive behavior.

Faculty and staff members may assign silent lunch reflection as a consequence for students or select classes that display disruptive behavior. Students or classes assigned lunch reflection may be assigned to sit in an isolated area of the cafeteria or may serve it at the table with the assigned teacher. Students are not to converse with their peers during lunch reflection but must utilize that time to reflect upon the actions that led them to receive the consequence. Faculty and staff members may provide reflection questions for students to ponder during that time. Silent lunch may not be assigned consecutively, faculty/ staff must progress to the next consequence if the behavior continues.

The following steps must be taken before administering silent lunch:

- a) Verbal warning
- b) Classroom redirection/ Proximity control

RATIFIED-DIA BOARD 10/18/2022